

**GOAL SETTING & SELF-ASSESSMENT (25pts)**

Name \_\_\_\_\_

**Due: Monday, November. 18<sup>th</sup>**

**5 BONUS PTS. for sending Mr. O.  
a video of your performance**

**Directions:**

- 1.) Write a detailed goal and log the practice minutes spent working on the goal. 2.) Work toward achieving 100%. 3.) Finally, ask your parents to listen to you perform the final product.

**1. Write your goal:**

**Include at least two of the following musical components in your goal:**

Correct notes    Correct rhythms    Correct articulations    Correct dynamics

I will play \_\_\_\_\_, measures (at least 16) \_\_\_\_\_ - \_\_\_\_\_, with correct \_\_\_\_\_

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**2. Practice Time Log:** Practice *as much as* necessary to achieve your goal.

Wednesday

Thursday

Friday

Saturday

Sunday

**3. Why did you choose this particular piece music and measures to practice for your goal?**

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**4. Student Assessment:**

**EFFORT**

I worked on the goal until it was completed. I pushed myself to practice even when I came to a difficult part. *I viewed this as a challenge and an opportunity to improve my music skills.*

I worked on the task until it was completed. I pushed myself to continue working on the task even when I came to a difficult part(s).

I put *some* effort into the task, but stopped practicing when I came to a difficult part(s).

I put *very little* effort into the task.

**ACHIEVEMENT**

I *exceeded* my goal.

I *met* my goal.

I *almost* achieved my goal, but fell short.

I did *not* come close to meeting my goal.

**5. Parent Assessment:**

I agree with my child's assessment of his/her performance.

I disagree with my child's assessment of his/her performance.

**Parent Comments:**

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**Parent Key to Music Symbols**

**ARTICULATIONS**

= **staccato (short)**

= **accent (play w/ emphasis)**

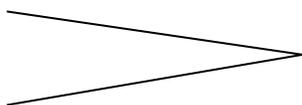
= **slur (smooth, not tongued)**

= **marcato (short & accented)**

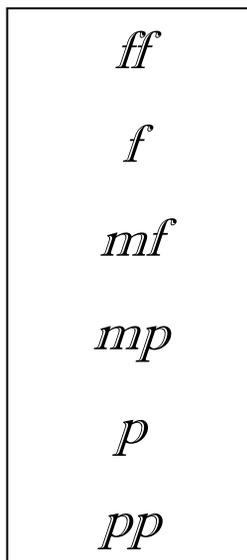
**DYNAMICS**



= **crescendo (gradually louder)**



= **decrescendo (gradually softer)**



**Loud**



**Soft**